

# Emerging Challenges In Primary Care: 2017

#### **Activity Evaluation Summary**

**CME** Activity:

Emerging Challenges in Primary Care: 2017 Saturday, October 21, 2017 Hilton Houston North Houston, TX 77060

**Course Director:** 

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Date of Evaluation Summary: October 21, 2017



300 NW 70<sup>th</sup> Avenue • Plantation, Florida 33317 (954) 723-0057 Phone • (954) 723-0353 Fax email: info@naceonline.com In October 2017, the National Association for Continuing Education (NACE) sponsored a CME program, *Emerging Challenges in Primary Care: 2017*, in Houston, TX.

This educational activity was designed to provide primary care physicians, nurse practitioners, physician assistants and other primary care providers the opportunity to learn about varied conditions such as Diabetes and COPD.

In planning this CME activity, the NACE performed a needs assessment. A literature search was conducted, national guidelines were reviewed, survey data was analyzed, and experts in each therapeutic area were consulted to determine gaps in practitioner knowledge, competence or performance.

Three hundred twenty nine healthcare practitioners registered to attend *Emerging Challenges in Primary Care: 2017* in Houston, TX. One hundred and thirty two healthcare practitioners actually attended this conference. Each attendee was asked to complete and return an activity evaluation form prior to the end of the conference. One hundred and twenty seven completed forms were received. The data collected is displayed in this report.

#### **CME ACCREDITATION**

The National Association for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The National Association for Continuing Education designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

National Association for Continuing Education is approved as a provider of nurse practitioner continuing education by the American Association of Nurse Practitioners. AANP Provider Number 121222. This program has been approved for 7 contact hours of continuing education (which includes 3.25 pharmacology hours).

#### **Integrated Item Analysis Report**

| Response | Frequency | Percent | t |
|----------|-----------|---------|---|
| MD       | 39        | 29.77   |   |
| DO       | 0         | 0.00    |   |
| NP       | 80        | 61.07   |   |
| PA       | 4         | 3.05    |   |
| RN       | 1         | 0.76    |   |
| Other    | 3         | 2.29    |   |
|          |           |         |   |
|          |           |         |   |
|          |           |         |   |
|          |           |         |   |

#### What is your professional degree?

| No Response | 4 | 3.05 |  |
|-------------|---|------|--|
|             |   |      |  |

#### Indicate the number of patients you see each week in a clinical setting regarding each therapeutic area listed: Diabetes:

| Response    | Frequency | Percent |  |
|-------------|-----------|---------|--|
| None        | 7         | 5.34    |  |
| 1-5         | 17        | 12.98   |  |
| 6-10        | 23        | 17.56   |  |
| 11-15       | 17        | 12.98   |  |
| 16-20       | 27        | 20.61   |  |
| 21-25       | 10        | 7.63    |  |
| > 25        | 27        | 20.61   |  |
| No Response | 3         | 2.29    |  |

Upon completion of this activity, I can now: Describe the role of the kidney in glucose metabolism in health and disease; Review the physiologic effects and clinical efficacy of SGLT-2 therapy in various patient populations; Review emergin data on possible renal and macrovascular effects of evidence-based diabetes treatment options; Integrate the impact of treatment decisions on postprandial hyperglycemia and risk of hypoglycemia:

| Response    | Frequency | Percent |
|-------------|-----------|---------|
| Yes         | 113       | 86.26   |
| Somewhat    | 15        | 11.45   |
| Not at all  | 0         | 0.00    |
| No Response | 3         | 2.29    |

#### What is your specialty?

| Response        | Frequency | Percent | : |
|-----------------|-----------|---------|---|
| Primary Care    | 103       | 78.63   |   |
| Endocrinology   | 1         | 0.76    |   |
| Rheumatology    | 0         | 0.00    |   |
| Pulmonology     | 2         | 1.53    |   |
| Cardiology      | 2         | 1.53    |   |
| Gastroenterolog | 1         | 0.76    |   |
| У               |           |         |   |
| ER              | 4         | 3.05    |   |
| Hospitalist     | 4         | 3.05    |   |
| Psychiatry/Neur | 1         | 0.76    |   |
| ology           |           |         |   |
| Other           | 40        | 30.53   |   |
| No Response     | 0         | 0.00    |   |

Indicate the number of patients you see each week in a clinical setting regarding each therapeutic area listed: COPD:

| Response    | Frequency | Percent |  |
|-------------|-----------|---------|--|
| None        | 13        | 9.92    |  |
| 1-5         | 37        | 28.24   |  |
| 6-10        | 35        | 26.72   |  |
| 11-15       | 20        | 15.27   |  |
| 16-20       | 11        | 8.40    |  |
| 21-25       | 6         | 4.58    |  |
| > 25        | 5         | 3.82    |  |
| No Response | 4         | 3.05    |  |

Upon completion of this activity, I can now: Discuss the role of postprandial hyperglycemia in the pathogenesis of diabetic complications; Incorporate GLP-1 RA therapy into practice to reduce post-prandial hyperglycemia and decrease glycemic variability; Compare GLP-1 RAs for glycemic efficacy and differential impact on postprandial glycemic control; Discuss various GLP-1 RA combination strategies with or as a possible alternative basal insulin in the diabetic patient not at glycemic target:

| Response    | Frequency | Percent |  |
|-------------|-----------|---------|--|
| Yes         | 112       | 85.50   |  |
| Somewhat    | 15        | 11.45   |  |
| Not at all  | 0         | 0.00    |  |
| No Response | 4         | 3.05    |  |

Upon completion of this activity, I can now: Describe strategies of care in COPD to improve diagnosis and ongoing symptom assessment; Tailor COPD pharmacotherapy according to current guidelines while incorporating unique patient needs and characteristics; Discuss the appropriate use of inhaled therapies for COPD, including the importance of proper inhaler technique; Collaborate with members of interprofessional health care team for effective chronic disease management:

| Response    | Frequency | Percent |  |
|-------------|-----------|---------|--|
| Yes         | 118       | 90.08   |  |
| Somewhat    | 10        | 7.63    |  |
| Not at all  | 0         | 0.00    |  |
| No Response | 3         | 2.29    |  |

Upon completion of this activity, I can now: Understand the changes in sleep physiology as people age; Describe sleep assessment in an elderly population; Choose appropriate non-parmacological and pharmacological treatments for sleep problems in the elderly:

| Response    | Frequency | Percent |  |
|-------------|-----------|---------|--|
| Yes         | 111       | 84.73   |  |
| Somewhat    | 2         | 1.53    |  |
| Not at all  | 1         | 0.76    |  |
| No Response | 17        | 12.98   |  |

#### Overall, this was an excellent CME activity:

| Response       | Frequency | Percent |  |
|----------------|-----------|---------|--|
| Strongly Agree | 111       | 84.73   |  |
| Agree          | 18        | 13.74   |  |
| Neutral        | 0         | 0.00    |  |
| Disagree       | 0         | 0.00    |  |
| Strongly       | 1         | 0.76    |  |
| Disagree       |           |         |  |
| No Response    | 1         | 0.76    |  |

### As a result of this activity, I have learned new and useful strategies for patient care:

| Response       | Frequency | Percent |  |
|----------------|-----------|---------|--|
| Strongly Agree | 110       | 83.97   |  |
| Agree          | 19        | 14.50   |  |
| Neutral        | 1         | 0.76    |  |
| Disagree       | 0         | 0.00    |  |
| Strongly       | 1         | 0.76    |  |
| Disagree       |           |         |  |
| No Response    | 0         | 0.00    |  |

Upon completion of this activity, I can now: Understand the importance of obtaining history from both patient and collateral Informant, in differentiating dementia syndromes; Recognize the value of the physical exam, especially the neurological, in the differential diagnosis of dementia; Review existing pharmacological and non-pharmacological treatment options for the four commong dementia syndromes:

| Response    | Frequency | Percent |  |
|-------------|-----------|---------|--|
| Yes         | 118       | 90.08   |  |
| Somewhat    | 4         | 3.05    |  |
| Not at all  | 1         | 0.76    |  |
| No Response | 8         | 6.11    |  |

Upon completion of this activity, I can now: Define Patient Experience & How to Measure it; Describe today's Healthcare World; Outline the importance of the Patient Experience; Understand & apply the H.E.L.P. communication method:

| Response    | Frequency | Percent |  |
|-------------|-----------|---------|--|
| Yes         | 94        | 71.76   |  |
| Somewhat    | 2         | 1.53    |  |
| Not at all  | 1         | 0.76    |  |
| No Response | 34        | 25.95   |  |

### Overall, this activity was effective in improving my knowledge in the content areas presented:

| Response       | Frequency | Percent |  |
|----------------|-----------|---------|--|
| Strongly Agree | 111       | 84.73   |  |
| Agree          | 19        | 14.50   |  |
| Neutral        | 0         | 0.00    |  |
| Disagree       | 0         | 0.00    |  |
| Strongly       | 1         | 0.76    |  |
| Disagree       |           |         |  |
| No Response    | 0         | 0.00    |  |

### How likely are you to implement these new strategies in your practice?

| Response        | Frequency | Percent |
|-----------------|-----------|---------|
| Very likely     | 109       | 83.21   |
| Somewhat likely | 15        | 11.45   |
| Unlikely        | 0         | 0.00    |
| Not applicable  | 6         | 4.58    |
|                 |           |         |
| No Response     | 1         | 0.76    |

#### Response

For type 2 Diabetes - will start with HbAIC on chart when re-evaluating DM medications. For suspected COPD patient will order spirometry for diagnosis & use the "brief" health assessment. For sleep - use the Epworth Sleepiness Scale for assessment

To monitor for PP hypoglycemia - change in therapy. Using spirometry at trial most of suspected COPD patients

When patient complains of insomnia, assess opioid used. Assess inhaler use each visit. Consider dual treatments of basal insulin and GLP-1 RA. Have patient check post prandial blood sugar and review each visit

I do not treat any of those disorders at moment but will use my knowledge to make recommendations if needed to primary care providers

Use of Dopogliflozin clarified. Use of GLP-1 elucidated - monitor correct use of inhalers COPD. Self management education & evaluating important in chronic care COPD. Do a better neurologic exam for dementia. Ask about sleep hygiene - implement HELP strategy

Avoid hypoglycemia. Reduce cardiovascular risk in diabetics. Use SGLT2 drugs according to renal function appropriately. Use pulmonary rehab. Non-pharmacologic sleep treatment

Consider the use of GLP1-RA in primary care. Incorporate use of LAMA/LABA in COPD patients

Will start checking on every visit inhaler usage. Will try to start spirometry

How to determine treatment/therapies for DM & COPD. Differentiating different types of dementia. Recommend tips for sleep hygiene

Have patient check postprandial. Increase use of GLT-1. RGFR restrictions

Strategies of care for COPD. Ways to improve the sleep of the elderly

Start effective treatment for DM type 2 & prevent kidney disease. Implement HELP for better patient experience and surveys

Counsel patient on devices usage as much as possible. Identify why patients blood sugar may not be controlled postprandial

More detailed history

Consider use of GLP-1A. Differentiate dementias better. Appropriate use of different inhalers in COPD

TZD is better insulin sensitizer than metformin. Refer patient to pulmonary rehab for GOLD

Educating staff about patient experience. Use spirometry more often in asthma/COPD patients

SGLT2 postprandial effects medications. GLP-1 vs basal insulin categories of dementia nice for history. COPD med use. Sleep history.

Current recommendation for treatment management of worsening symptoms of COPD

New insights related to GLP-1 & SGLT-2 diabetes type 2 medications --> better care for patients. Went from referring all patients to pulmonary medicine for COPD to "I think I can diagnose & treat this". Some of what I learned simply confirmed what I already know/do.

Use early initiation of GLP-1 receptor agonist for patients with type 2 diabetes. Assessment of patient's with cough and dyspnea with spirometry and reassess when use regimens each visit

Updated treatment guidelines to guide assessment/prescription

Have patients check blood sugar postprandial (after 2 hours) vs pre-meal (fasting). Discuss starting insulin earlier than later. GIF restrictions on various meds

Use of spirometry always. Caution use of ICS in patients with mild COPD. Recommend GLP-1 RA

Better approach to disease process and med administration. Better approach in patient education and follow up

Communication - patient verbal/nonverbal. Sleep assessment. Dementia - treatment

Improved diabetic disease management for my patients. How to talk with the elderly about sleep and treating them without fear of doing harm

Learned better how to incorporate GLP-1 & SGLP2 into practice. Better understand symptoms of different dementias

Obtain history. Diagnosis. Treatment.

How to use GLP1 more effectively

More efficient use of SGLT2's & GLP-1's and combination basal insulin - GLP-1's increase use of spirometry in symptomatic patients. Better differentiation of types of cognitive decline by more specific history taking. Use more nonpharmacologic sleep techniques with patients

Combining various diabetic prescriptions for maximum control (at increased expense)

#### Response

Considering & calculating glucose/AIC & choosing appropriate therapy. Assess injection and inhaler technique in office each visit

Considering GLP1 RA & SGLT-2 in diabetes treatment. Considering LAMA as component to COPD treatment

Importance of using spirometry. Try insulins and other injectables not just medications

Combination therapies for dementia, diabetes. Assessing correct use of inhalers at every visit

Improve treatment in clinical practice. Evaluation skill with treatment options

Get a good health history from patient/caregiver. Keeping patients informed

Approach to deciding medications for diabetes type 2. Encourage use of spirometry. Differentiating between dementias being more treatment focus

Stepwise treatment and management of disease. Effective/appropriate medications for the disease stage. Close attention to drug side effects and interactions. Reviewing patients' meds and their use at each visit

I learned SGLT-2 and GLP-1 regimens in case of multi-drug regimens for treatment of diabetes. I'll use more frequent pulmonary rehab program when applicable. I will teach nonpharmacological regimens to promote quality sleep.

Screen insomnia. Quality of sleep. Screen risks of sleep disturbance. Screen habits

Utilize the spirometer on COPD patients on every visit. I don't have to combine SGLT2 receptors with and insulin. Develop strategies in identifying and differentiating cognitive problems and manage sleep disorders in patients. Finally, ensuring to implement the HELP system in my patients' managements. Hence improving patients' experience

Use of spirometry to diagnose COPD

Evaluate proper inhaler use at each visit. Think about adding injections for diabetes if 2 or more agents are not working. Sleep hygiene techniques used more often

When to initiate SGLT-2 therapy and contraindications. Common dementia syndromes and how to approach the patient. Best therapy and approach to insomnia. HELP how to implement.

Use of GLP-1 and add basal insulin; remove SU meds. Introduce the injectable insulin. Do spirometry to make diagnosis; review inhaler usage. Use sleep as a medicine

Will ask more questions to customize care

Consider increased GLP-1, SGLT meds, while also adequately considering side effects. COPD - utilize GOLD's guidelines and appropriate treatment for each stage. Alzheimers's - recognize the different types of dementia in my patient population

How and when to use SGLT-2 therapy. How to perform a complete sleep assessment. Better assessment and treatment of dementia

Diabetes management - how to modify diabetic patients and treatment. Dementia assessment and management. Recognizing COPD degrees of severity and when and how to treat

Effective use of patient visits by ensuring all necessary data to make treatment decisions is present at the time of visit. Improve my sleep hygiene to ensure better care and experience for my patients

Thorough history obtained from patients. Differentiating diagnosis. Choice of pharmacologic products

Identify patients with early stage of dementia for possible intervention. Statins does not prevent dementia. Encourage patients to try nonpharmacologic intervention for insomnia prior to using pharmacologic. Avoid prolonged use of benedryl for insomnia in elderly. Use combination for insomnia

Importance of AIC and PPG in office. Importance and clarification of the dementias

Explain well to patients. Explaining well to patients so they can agree when using the medications for treatment plan

Diabetes management using injectable GLP1. COPD management with LABA/LAMA. Dementia differentiation

Understanding and adequate usage of COPD assessment tools. Importance of following the global initiatives and guidelines in the treatment of my patients. Implementing the use of individualized plans in patient's care.

SLeep hygiene. Use low dose of sleep aide. Use spirometry for patients who smoke and have cough. Always treat patients with respect

With the relationship between hypoglycemia and prolonged QT. Extensive patient education for blood sugar logs and treatment. Evaluation to prevent hypoglycemia. Routine therapy assessment especially with increased risk factors. Evaluating patients' use of inhalers.

Learned to utilize GLP1 receptor agonist & SGLT receptor blockers for optimized management of diabetic patients. Optimize COPD prescriptions based on GOLD standards

Manage diabetes more aggressively and evaluate dementia better

Response

More frequent diabetes follow up visits. Use combo COPD inhalers

Changing sleep assessment. CHanging diabetic treatments

Modify diabetes treatments based on insulin glucose and postprandial sugar, risk CVT. Add GLP1 to reduce postprandial glucose and post glucose on patient who already on basal insulin and renal meds

Intensifying DM2 treatments with basal insulin and GLP1 RA to assist patient in achieving HbAIC goals. Spirometry usage for COPD diagnosis. Recommend physical activity for dementia prevention, 10 commandments of sleep. HELP to adequately communicate with others

None

Increase awareness on SGLT-2 and GLP-1 RA medication. Review sleep hygiene

Integrate patient and family in treatment and plan of care.

Use of GLP-1 receptor agonist with basal insulin management of long term type 2 diabetes. Diff diagnosis criteria in 4 major dementias

Learned when and why use GLP1 or SGLT2. COPD treatment strategy

Use GLP-1 agonists more often

Additional options (expensive) for AIC, more complicated algorithm for DM management. The side effect is nil if no change - lifestyle for DM. Interesting that oxygen doesn't help with COPD but pulmonary rehab does

Using combination of GLP-1 and basal insulin to improve HbAIC and decrease PPG. Focus on HbAIC control as basis for treatment, and PPG not focusing on the FBG. To know that spirometry testing #1 way to diagnose COPD. Screening tests COPD assessment test

Use injectables sooner insulin. Evaluate sleep more in depth. Different approach to dementia. Develop better communication with patients

Use of injectables as early treatment for diabetes. Assess proper inhaler use at each visit

Spirometry for ALL c/o cough; more careful consideration of all approaches to glycemic control based on patient co-morbidities

Sleep is medicine. LABA/LAMA combo is good choice for exacerbation of COPD if patient with decreased FEV. GLP1 can be used with long acting insulin. There are 4 main types of dementia

Evaluate patients' sleep patterns/always evaluate using spirometry in patients with progressive dyspnea/Review inhaler technique with each office visit

Improve history. Avoid sulphonil urea. Use more SGLT2 and GLP1

How to diff types of dementia. How to treat COPD

I have learned many and new strategies for patient care

Incorporating GLP drugs in practice. Pulmonary rehab

Use MMRC and CAT for COPD management/assessment. Use of GLP-1/insulin earlier in diabetic regimen

Using SGLLT2 and GLP1 agonists. Discussing inhaler techniques and adherence with COPD patients. Distinguishing dementia in patients. Discuss sleep hygiene for those with insomnia

I have learned the differences in dementia syndromes management/treatment. COPD portion was useful for management of my patients in clinic

Better understanding of spirometry interpretation and when to use it. Differentiation and treatment options 4 types of dementia

As a vascular surgery nurse practitioner, a vast majority of our patient population has type 2 diabetes with uncontrolled hyperglycemia and nonhealing wounds. It would be beneficial to review medications at office visit to assure the patient is being medically optimized

COPD - spirometry and assessing inhaler use/technique

COPD strategy

Consider SGLP2 and GLP1 sooner. Discuss modified behavior therapy with patients - sleep hygiene

Spirometry. Differentiating among dementias. GLP1 RA for postprandial glucose control; SGLT2 for DM2 with CVD2 Combination of SGLP1 RA with basal insulin. Manage solutions for algorithm in elderly. Employ meds for patients with dementia with more disturb

#### Response

Holistic medical approach to diabetes type 2 not just target treatment to one organ. Importance of monitoring and treating postprandial glucose, screening and starting nonpharmacologic measures in insomnia. Identifying and understanding treatment for different types of dementia, implementing use of spirometry when symptoms may indicate COPD, renew patient use of inhalers, using HELP

Though I work in a specialty clinic, I will focus more on a holistic approach to treat the patient ie sleep hygiene

Careful screening for dementia/sleep needs. Importance of postprandial management of glucose. Medication adjustment

### When do you intend to implement these new strategies into your practice?

| Response       | Frequency | Percent | : |
|----------------|-----------|---------|---|
| Within 1 month | 95        | 72.52   |   |
| 1-3 months     | 24        | 18.32   |   |
| 4-6 months     | 0         | 0.00    |   |
| Not applicable | 10        | 7.63    |   |
| No Response    | 2         | 1.53    |   |

In terms of delivery of the presentation, please rate the effectiveness of the speaker: Mark Stolar, MD - Diabetes and GLP-1:

| Response       | Frequency | Percent |  |
|----------------|-----------|---------|--|
| Excellent      | 109       | 83.21   |  |
| Very Good      | 15        | 11.45   |  |
| Good           | 1         | 0.76    |  |
| Fair           | 1         | 0.76    |  |
| Unsatisfactory | 0         | 0.00    |  |
| No Response    | 5         | 3.82    |  |

In terms of delivery of the presentation, please rate the effectiveness of the speaker: Thomas Weiss, MD - Four Common Dementias:

| Response       | Frequency | Percent |  |
|----------------|-----------|---------|--|
| Excellent      | 109       | 83.21   |  |
| Very Good      | 11        | 8.40    |  |
| Good           | 1         | 0.76    |  |
| Fair           | 0         | 0.00    |  |
| Unsatisfactory | 1         | 0.76    |  |
| No Response    | 9         | 6.87    |  |

## In terms of delivery of the presentation, please rate the effectiveness of the speaker: Mark Stolar, MD - Diabetes and Vascular Disease:

| Response       | Frequency | Percent |  |
|----------------|-----------|---------|--|
| Excellent      | 108       | 82.44   |  |
| Very Good      | 18        | 13.74   |  |
| Good           | 1         | 0.76    |  |
| Fair           | 1         | 0.76    |  |
| Unsatisfactory | 0         | 0.00    |  |
| No Response    | 3         | 2.29    |  |

In terms of delivery of the presentation, please rate the effectiveness of the speaker: Diego J. Maselli, MD, FCCP - COPD:

| Response       | Frequency | Percent |  |
|----------------|-----------|---------|--|
| Excellent      | 99        | 75.57   |  |
| Very Good      | 21        | 16.03   |  |
| Good           | 4         | 3.05    |  |
| Fair           | 0         | 0.00    |  |
| Unsatisfactory | 1         | 0.76    |  |
| No Response    | 6         | 4.58    |  |

In terms of delivery of the presentation, please rate the effectiveness of the speaker: Thomas Weiss, MD - Sleep Problems:

| Response       | Frequency | Percent |
|----------------|-----------|---------|
| Excellent      | 107       | 81.68   |
| Very Good      | 11        | 8.40    |
| Good           | 0         | 0.00    |
| Fair           | 1         | 0.76    |
| Unsatisfactory | 0         | 0.00    |
| No Response    | 12        | 9.16    |

In terms of delivery of the presentation, please rate the effectiveness of the speaker: Marlene R. Wolf, MD, FAAFP - Patient Experience:

| Response       | Frequency | Percent |  |
|----------------|-----------|---------|--|
| Excellent      | 80        | 61.07   |  |
| Very Good      | 15        | 11.45   |  |
| Good           | 0         | 0.00    |  |
| Fair           | 0         | 0.00    |  |
| Unsatisfactory | 0         | 0.00    |  |
| No Response    | 36        | 27.48   |  |

To what degree do you believe that the subject matter was presented fair, balanced, and free of commercial bias? Mark Stolar, MD - Diabetes and GLP-1:

| Response       | Frequency | Percent |  |
|----------------|-----------|---------|--|
| Excellent      | 117       | 89.31   |  |
| Very Good      | 8         | 6.11    |  |
| Good           | 0         | 0.00    |  |
| Fair           | 0         | 0.00    |  |
| Unsatisfactory | 0         | 0.00    |  |
| No Response    | 6         | 4.58    |  |

To what degree do you believe that the subject matter was presented fair, balanced, and free of commercial bias? Thomas Weiss, MD - Four Common Dementias:

| Response       | Frequency | Percent |  |
|----------------|-----------|---------|--|
| Excellent      | 116       | 88.55   |  |
| Very Good      | 4         | 3.05    |  |
| Good           | 0         | 0.00    |  |
| Fair           | 0         | 0.00    |  |
| Unsatisfactory | 1         | 0.76    |  |
| No Response    | 10        | 7.63    |  |

To what degree do you believe that the subject matter was presented fair, balanced, and free of commercial bias? Marlene R. Wolf, MD, FAAFP - Patient Experience:

| Response                             | Frequency | Percent       |  |
|--------------------------------------|-----------|---------------|--|
| Excellent                            | 97        | 74.05         |  |
| Very Good                            | 7         | 5.34          |  |
| Good<br>Fair                         | 0<br>1    | 0.00<br>0.76  |  |
| Unsatisfactory<br><b>No Response</b> | 0<br>26   | 0.00<br>19.85 |  |

To what degree do you believe that the subject matter was presented fair, balanced, and free of commercial bias? Mark Stolar, MD - Diabetes and Vascular Disease:

| Response       | Frequency | Percent |
|----------------|-----------|---------|
| Excellent      | 120       | 91.60   |
| Very Good      | 6         | 4.58    |
| Good           | 0         | 0.00    |
| Fair           | 1         | 0.76    |
| Unsatisfactory | 0         | 0.00    |
| No Response    | 4         | 3.05    |

To what degree do you believe that the subject matter was presented fair, balanced, and free of commercial bias? Diego J. Maselli, MD, FCCP - COPD:

| Response       | Frequency | Percent |  |
|----------------|-----------|---------|--|
| Excellent      | 114       | 87.02   |  |
| Very Good      | 8         | 6.11    |  |
| Good           | 0         | 0.00    |  |
| Fair           | 0         | 0.00    |  |
| Unsatisfactory | 1         | 0.76    |  |
| No Response    | 8         | 6.11    |  |

To what degree do you believe that the subject matter was presented fair, balanced, and free of commercial bias? Thomas Weiss, MD - Sleep Problems:

| Response       | Frequency | Percent |  |
|----------------|-----------|---------|--|
| Excellent      | 115       | 87.79   |  |
| Very Good      | 4         | 3.05    |  |
| Good           | 0         | 0.00    |  |
| Fair           | 1         | 0.76    |  |
| Unsatisfactory | 0         | 0.00    |  |
| No Response    | 11        | 8.40    |  |

Which statement(s) best reflects your reasons for participating in this activity:

| Response                   | Frequency | Percent | t |
|----------------------------|-----------|---------|---|
| Topics covered             | 102       | 77.86   |   |
| Location/ease<br>of access | 62        | 47.33   |   |
| Faculty                    | 11        | 8.40    |   |
| Earn CME<br>credits        | 94        | 71.76   |   |
| No Response                | 6         | 4.58    |   |

### Future CME activities concerning this subject matter are necessary:

| Response       | Frequency | Percent |  |
|----------------|-----------|---------|--|
| Strongly agree | 76        | 58.02   |  |
| Agree          | 42        | 32.06   |  |
| Neutral        | 8         | 6.11    |  |
| Disagree       | 1         | 0.76    |  |
| Strongly       | 0         | 0.00    |  |
| Disagree       |           | _       |  |
| No Response    | 4         | 3.05    |  |

#### What topics would you like to see offered as CME activities in the future?

#### Response

Spinal tumors, chronic back pain. Cardiovascular topics

management of Rheumatoid arthritis. Chronic pain management with growing opioid crisis - use of CDO guidelines. management of DMII "on a dime"

CHF with new updated treatment

Stroke, aneurysms, brain tumor

More about vascular disease and diabetes in regards to wounds development and healing

Infectious diseases; management chronic diarrhea/constipation

Hypertension. Hyperthyroidism

Primary care dermatology

Wound care. Pain management

Hypertension. Depression. Thyroid disorders. Orthopedic. Breast cancer. Menopause. Rheumatoid arthritis. CHF

ADHD management in adults

Womens' health, labs interpretation and ultrasound

Cultural competency. Hormones. Bladder issues. Allergic reactions - immunology

Hypertension, hypothyroidism

Chronic pain (treatment modalities): how to avoid opiate for chronic pain. How to wean opiate for chronic pain. Headaches. Asthma

Diabetes medications. Osteoporosis medications. Geriatric medicine

Opioid abuse

Weight loss surgeries - update. Bone density - DEXA scans. Onchyomycosis and tissue treatments

Treatment approach for psychiatric conditions in primary care

More diabetes. More psychiatric disorders/treatment

Hypertension. Hyperlipidemia, CHF, chronic kidney failure

ABG; Cancer work ups; Abnormal kidney function; EKG

Cardiovascular - HTN, Afib, CHF, etc. Pulmonary - asthma

Hypertension

Cultural aspects of healthcare. Home remedies vs prescriptions

Evidence based practice treatments for pediatric asthma, colds, and flu

ENT, pediatrics

Asthma maintenance (adults and children). Common dermatology problems in primary care.

Depression management. New updates on HTN management. Hep B, C and elevated LFT's

Dealing with the elderly on other subjects

Office neurology for primary care. Rheumatology/connective tissue disorders. Office orthopedics/back procedures and joint aspiration and injectables

More review of diagnostic criteria and standard treatment guideline review

Secondary hyperaldosteronism

#### What topics would you like to see offered as CME activities in the future?

| Paananaa                                                                                                                                                                                                                                       |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Response                                                                                                                                                                                                                                       |
| RA and other autoimmune disorders                                                                                                                                                                                                              |
| HTN, low back pain, abdominal pain                                                                                                                                                                                                             |
| Cholesterol (lipid) medication, management. Advice for people with elevated cholesterol that can't tolerate statin medications due to its adverse effect (ie myalgia) etc                                                                      |
| WOmen's health, pediatric topics                                                                                                                                                                                                               |
| Obesity. Recommended guidelines for cancer screening (all cancers)                                                                                                                                                                             |
| PCSK-9                                                                                                                                                                                                                                         |
| CHF                                                                                                                                                                                                                                            |
| Transitional care in patients with heart failure. Improving palliative care. Increased chronic diseases and how they will affect healthcare and represent of in aging population                                                               |
| ENT, dermatology, pain management.                                                                                                                                                                                                             |
| CHF. EKD reading for/in primary care - refresher. Arthritis - common musculoskeletal problems/conditions in primary                                                                                                                            |
| care                                                                                                                                                                                                                                           |
| Heart failure management. Managing anticoagulants                                                                                                                                                                                              |
| Birth control/women's health                                                                                                                                                                                                                   |
| Preventative health, geriatric care, use of care management/coordination in primary care                                                                                                                                                       |
| Gyn oncology patient issues and management                                                                                                                                                                                                     |
| Asthma, HTN, obesity, insulin management with new insulins                                                                                                                                                                                     |
| Hyper/dislipidemia and appropriate therapy                                                                                                                                                                                                     |
| Nephrology. Cardiology. Infectious disease                                                                                                                                                                                                     |
| Infectious disease. Drug drug interactions                                                                                                                                                                                                     |
| PCP treatment of bipolar disorder, OCD and panic disorders                                                                                                                                                                                     |
| Hypertension                                                                                                                                                                                                                                   |
| Dermatology. Thyroid diagnosis                                                                                                                                                                                                                 |
| Additional teachings of updates on neurological related illnesses eg Alzheimers diseases, dementias, etc                                                                                                                                       |
| Hypertension. Asthma. Anxiety and depression                                                                                                                                                                                                   |
| Diagnosis and management of arthritides                                                                                                                                                                                                        |
| Heart disease                                                                                                                                                                                                                                  |
| Dermatology; Prostate                                                                                                                                                                                                                          |
| Infectious disease. More on diabetes                                                                                                                                                                                                           |
| Asthma. Pain management. Arthritis                                                                                                                                                                                                             |
| CKD, hepatitis, thyroid problems                                                                                                                                                                                                               |
| Sickle cell disease. Obesity. Pain management. Depression/anxiety. CHF                                                                                                                                                                         |
| More on diabetes, COPD                                                                                                                                                                                                                         |
|                                                                                                                                                                                                                                                |
| Vascular diseases like PAD; limb ischemia, AAA                                                                                                                                                                                                 |
| Pain management                                                                                                                                                                                                                                |
| Degenerative joint diseases: spine, knee (OA, anti-aging medicine for PCPs. Osteoporosis. OSA                                                                                                                                                  |
| Major depression - role of family and friends                                                                                                                                                                                                  |
| COPD. CHF. DML. HTN                                                                                                                                                                                                                            |
| Adult ADD diagnosis. New diagnostic tests for HIV                                                                                                                                                                                              |
| Hypertension. Chronic pain syndrome or pain patients for back                                                                                                                                                                                  |
| Lupus. Dermatology. Zika virus. Repeat - Dr. Thomas Weiss                                                                                                                                                                                      |
| Question criteria used for permitting driving severe hypertension treatment                                                                                                                                                                    |
| Asthma. Abdominal pain. Contraception. Pediatric issues. Mental health                                                                                                                                                                         |
| Primary care issues in teenagers and college age adults; STD education; stress reduction/life skills management in teens/young adults. Any primary care topic for teens and young adults. Evaluation of musculoskeletal injuries or complaints |

#### What topics would you like to see offered as CME activities in the future?

| Response                                                                                                                                                               |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Pulmonary medicine treatment. Sleep medication                                                                                                                         |
| Asthma, chronic pain                                                                                                                                                   |
| Thyroid management. CVD management                                                                                                                                     |
| ASHD. Lipid abnormalities                                                                                                                                              |
| Vascular abnormalities. PAD/PVD. Anemia.                                                                                                                               |
| Work up of elevated globulin. Hematology topics - CBC interpretation. seizure treatment. Depression new<br>areatment/new drugs.                                        |
| Evidence-based nutrition education, hypertension, psoriasis                                                                                                            |
| Hospitalist medicine                                                                                                                                                   |
| Weight loss/obesity. Geriatrics. Sleep/behavioral disorders                                                                                                            |
| Antibiotic therapy. CKD/AKD. Liver/cirrhosis                                                                                                                           |
| Hypertension, wound care, ortho                                                                                                                                        |
| Opioid management, suturing, pediatric treatment/meds                                                                                                                  |
| Pain management, Preventative care of female patients, menopause, low testosterone, psychiatry, more diabetes me<br>review, when to refer to hospice, end of life care |
| Congestive heart failure, dysrhythmia, adverse affects of statins and alternate treatments                                                                             |
| Hypertension, care of transplant patients                                                                                                                              |
| Nound care, suturing, work-life balance, cancer, supportive measures for newly diagnosed vs. hospice, end of life car                                                  |

#### Additional comments:

| Response                                                                                                                                                                                                                                                                                                                                                                               |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Great job and well organized                                                                                                                                                                                                                                                                                                                                                           |
| Dementia presenter was excellent                                                                                                                                                                                                                                                                                                                                                       |
| Dr. T Weiss very knowledgeable on topic discussed, wealth of information, common sense wisdom provided                                                                                                                                                                                                                                                                                 |
| Very excellent conference                                                                                                                                                                                                                                                                                                                                                              |
| Great speakers and topics!                                                                                                                                                                                                                                                                                                                                                             |
| Excellent conference                                                                                                                                                                                                                                                                                                                                                                   |
| Good presentations!                                                                                                                                                                                                                                                                                                                                                                    |
| Very organized, great presentations                                                                                                                                                                                                                                                                                                                                                    |
| Thank you                                                                                                                                                                                                                                                                                                                                                                              |
| Excellent conference. Very informative                                                                                                                                                                                                                                                                                                                                                 |
| Very good conference                                                                                                                                                                                                                                                                                                                                                                   |
| Excellent lectures, especially sleeping and dementia                                                                                                                                                                                                                                                                                                                                   |
| Dr. Mark Solar is excellent - Lots of clinical pearls                                                                                                                                                                                                                                                                                                                                  |
| Thank you so much for this wonderful CME and pharmacology component was excellent                                                                                                                                                                                                                                                                                                      |
| An 8 hour Saturday well spent                                                                                                                                                                                                                                                                                                                                                          |
| Please reintroduce name tags! The speakers today were uniformly exceptional - thank you very much!                                                                                                                                                                                                                                                                                     |
| Thank you! Very quality presentations!                                                                                                                                                                                                                                                                                                                                                 |
| Thank you. This has been very helpful and certainly has improved my knowledge                                                                                                                                                                                                                                                                                                          |
| Thank you very much!!!                                                                                                                                                                                                                                                                                                                                                                 |
| None                                                                                                                                                                                                                                                                                                                                                                                   |
| Dr. Weiss is a wonderful presenter!                                                                                                                                                                                                                                                                                                                                                    |
| At some conferences the power points are provided and included in cost of event. At others they are provided for a small fee. Either way, I prefer to have the PP slides printed to follow the speaker and refer back to them at later dates. It helps teach staff and patients and provides reference when implementing new ideas. I did find the links during the conference session |

| Response                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                 |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| Great conference. Registration staff is not very welcoming                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                 |
| SO COLD!                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                 |
| Great conference                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                 |
| The room/environment was very cold, was somehow difficult to stay focused                                                                                                                                                                                                                                                                                                                                                                                                                                                |                 |
| Nice seminar                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                 |
| Thanks. Thanks NACE! This was a very informative session and I will utilize the strategies learned in my practice<br>setting                                                                                                                                                                                                                                                                                                                                                                                             | Э               |
| Thank you for offering this CME. It is helpful and also allows entrance for new grads who have limited financial<br>resources while seeking employment. This CME topic will assist my treatment of diabetic patients                                                                                                                                                                                                                                                                                                     |                 |
| My practice is limited to women with gyn cancer so even though some may have DM, COPD, dementias, I do no<br>personally treat. I may recognize conditions, but have to refer to specific health care providers trained in the spec<br>area to treat the patient. Slides difficult to see from back of room, turning down lights in front of room would help;<br>ess "busy" slides or "give take hemo message" as Dr. M. Stolar did; Dr. Weiss's presentation excellent presenta<br>easily understood and "entertaining." | cific<br>; also |
| Appreciate the free CME, the breadth of subjects covered. I particularly enjoyed the dementia and sleep talks!                                                                                                                                                                                                                                                                                                                                                                                                           |                 |
| Nell done                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                 |
| /ery cold room                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                 |
| This is my first attendance and enjoyed every session. Hoping to attend more in the future. Program is more<br>co-ordinated and well presented. Great topics!!!                                                                                                                                                                                                                                                                                                                                                          |                 |
| Excellent speakers                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |
| Thank you. Enjoyed conference                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                 |
| Thank you                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                 |
| Excellent presentations. I like best Dr. Marlene A. WOlf presentations with excellent communication                                                                                                                                                                                                                                                                                                                                                                                                                      |                 |
| None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                 |
| Excellent speakers and topics                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                 |
| Excellent!!! Thanks                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                 |
| Overall good conference                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                 |
| /ery good CME                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                 |
| Have Dr. Thomas Weiss return, he was super!                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                 |
| Great conference                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                 |
| Dr. Weiss is a great engaging speaker - he applied great current examples. Dr. Maselli correlated COPD with da<br>practice well and explaining importance of diagnosis with spirometry                                                                                                                                                                                                                                                                                                                                   | ily             |
| Kudos to NACE organizer. Topics and speakers are excellent. They are concise but well presented                                                                                                                                                                                                                                                                                                                                                                                                                          |                 |
| Excellent CME, thank you!                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                 |
| Excellent. I really enjoy NACE presentations!!!                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                 |
| -)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |
| Free conference is great. If no free lunch will be provided, please indicate, in the registration for participants'                                                                                                                                                                                                                                                                                                                                                                                                      |                 |

Free conference is great. If no free lunch will be provided, please indicate, in the registration for participants' preparation

Thank you. WE need one each quarter!

Excellent conference and wonderful speakers!