

# **Conversations in Oncology 2019**

## **Final Live Outcomes Report**



## Clinical Advances: Individualizing Treatment for Chronic Lymphocytic Leukemia

Pharmacyclics LLC. • ME-2018-11247

January 30, 2020







| 2019 Conversations Activity    | Date    | Participants |
|--------------------------------|---------|--------------|
| Conversations In Oncology 2019 | 5/18/19 | 191          |
| Total                          |         | 191          |

Leukem

**Clinical Advances: Individualizing** 

Treatment for Chronic Lymphocytic

COURSE SUMMARY

Start Date: 06/15/2019

matologists, and

or patients with CLL

Complete CME Activity:

1.0 AMA PRA Category

1.0 AANP Contact hour including 0.75

pharmacology hours

Hardware/Software Requirements: Any web

Format: Webcast

Estimated Time To

1 hour

Credits:

1 Credit<sup>TM</sup>

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ther clinicians that care

Expiration Date: 06/14/2020 Target Audience: Oncologists,

Cost: Free



Speakers

Noah Kornblum, MD Assistant Professor, Department of Medicine (Oncology) Bone Marrow Transplant/Heme Malignancy Montefiore Einstein Center for Cancer Care Bronx, NY

Brian Koffman, MDCM, DCFP, FCFP, DABFP, MSEd Chief Medical Officer and Executive Vice President CLL Society Claremont, CA

## Clinical Advances: Individualizing Treatment for Chronic Lymphocytic Leukemia (CLL)

### Learning Gains Across Objectives



- LO 1: Use patient's age, prognostic markers, comorbidities and patient's preferences when individualizing CLL management
- LO 2: Utilize new and emerging therapies as well as chemo-immunotherapy for the appropriate patients with CLL
- LO 3: Understand the importance of degree of response to therapy, including U-MRD (undetectable Minimal Residual Disease), in managing care
- LO 4: Recognize and manage the common complications related to the medications used to treat CLL

### Learning Domain Analysis



- Substantial and significant improvements were measured from Pre- to Post-Test in both Knowledge and Competence
- Post-Test scores in both Knowledge and Competence varied from low to moderate, but uniformly represented strong increases from low Pre-Test scores
- Confidence and practice strategy ratings, collected only at follow-up, were moderate

### Persistent Learning Gaps/Needs

## Managing risk of tumor lysis syndrome in treatment resistant CLL patients

On a Competence question presenting the case of a patient who becomes symptomatic after two years of ibrutinib treatment, learners struggled at Post-Test to identify the correct treatment action to reduce risk for tumor lysis syndrome.

A 65 y/o woman with del17p CLL becomes symptomatic after 2 years of treatment with ibrutinib. ECOG performance status is 1. Her clinician recommends venotoclax for second-line therapy. Which of the following may help reduce risk for tumor lysis syndrome in this patient?

At Post-Test, 46% of learners correctly answered: "Gradually increase dose of venotoclax and add allopurinol"

### Factors associated with poor outcomes in CLL patients On a Knowledge item asking learners to identify a prognostic

factor associated with poor outcomes in patients with CLL, low scores were measured at Post-Test.

Which of the following is a prognostic factor associated with poorer outcome in CLL?

At Post-Test, 70% of learners correctly answered: "Del17p/TP53 mutations"

### First-line therapy for CLL

On a Knowledge item asking learners struggled at Post-Test to identify the correct first-line therapy for CLL.

Which of the following agents/combinations is indicated for first-line therapy of CLL?

At Post-Test, 53% of learners correctly answered: "Ibrutinib + obinutuzumab"

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### **Course Director and Moderator**

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Chief Medical Officer and Executive Vice President CLL Society Claremont, CA





# **Conversations in Oncology 2019**

The Conversations in Oncology: 2019 series of CME activities were supported through educational grants or donations from the following companies:

Pharmacyclics LLC

Boehringer Ingelheim Pharmaceuticals, Inc.







## **Learning Objectives**

Use patient's age, prognostic markers, comorbidities and patient's preferences when individualizing CLL management

Utilize new and emerging therapies as well as chemo-immunotherapy for the appropriate patients with CLL

Understand the importance of degree of response to therapy, including U-MRD (undetectable Minimal Residual Disease), in managing care

Recognize and manage the common complications related to the medications used to treat CLL





### **Conversations in Oncology 2019**

**Clinical Advances: Individualizing** 

**Treatment for Chronic Lymphocytic** 

## **Curriculum Overview**

### **One Live Virtual CME Symposium**



### Enduring CME Symposium Webcast



Speakers Noah Kornblum, MD

Assistant Professor, Department of Medicine (Oncology) Bone Marrow Transplant/Heme Malignancy Montefiore Einstein Center for Cancer Care Bronx, NY

Leukemia

Brian Koffman, MDCM, DCFP, FCFP, DABFP, MSEd Chief Medical Officer and Executive Vice President CLL Society Claremont, CA

### COURSE SUMMARY

#### Cost: Free Start Date: 06/15/2019 **Expiration Date:** 06/14/2020 **Target Audience:** Oncologists, Hematologists, and other clinicians that care for patients with CLL Format: Webcast **Estimated Time To** Complete CME Activity: 1 hour Credits: 1.0 AMA PRA Category 1 Credit<sup>TM</sup> 1.0 AANP Contact hour including 0.75 pharmacology hours Hardware/Software Requirements: Any web browser

### **Clinical Highlights eMonograph**

eMonograph, containing key teaching points from the CME activity, was distributed 1 week after the meeting to all attendees.



## **Outcomes Methodology**

Learning outcomes were measured using matched Pre-Test and Post-Test scores for Knowledge, Performance, Confidence, and practice strategy and across all of the curriculum's Learning Objectives.

| Outcomes Metric        | Definition   | Application  |
|------------------------|--|--|
| Percentage change      | This is how the score changes resulting from the education are measured. The change is analyzed as a relative percentage difference by taking into account the magnitude of the Pre-Test average.  | Differences between Pre-Test, Post-Test, and PCA score averages                              |
| P value (p)            | This is the measure of the statistical significance of a difference in scores. It is calculated using dependent or independent samples t-tests to assess the difference between scores, taking into account sample size and score dispersion. Differences are considered significant for when $p \leq .05$ . | Significance of differences between Pre-Test,<br>Post-Test, and PCA scores and among cohorts |
| Effect size (d)        | This is a measure of the strength/magnitude of the change in scores (irrespective of sample size). It is calculated using Cohen's d formula, with the most common ranges of d from 0-1: d < .2 is a small effect, d=.28 is a medium effect, and d > .8 is a large effect.                                    | Differences between Pre-Test and Post-Test score averages                                    |
| Power                  | This is the probability (from 0 to 1) that the "null hypothesis" (no change) will be appropriately rejected. It is the probability of detecting a difference (not seeing a false negative) when there is an effect that is dependent on the significance (p), effect size (d), and sample size (N).          | Differences between Pre-Test and Post-Test score averages                                    |
| Percentage non-overlap | This is the percentage of data points at the end of an intervention that surpass the highest scores prior to the intervention. In this report, it will reflect the percentage of learners at Post-Test who exceed the highest Pre-Test scores.   | Differences between Pre-Test and Post-Test score averages                                    |



# **Participation**

| 2019 Conversations Activity    | Date    | Participants |
|--------------------------------|---------|--------------|
| Conversations In Oncology 2019 | 5/18/19 | 191          |
| Total                          |         | 191          |





# **Participation**



**191** Total Attendees



**1 Activity** 



## **Level 1: Demographics and Patient Reach**







## **Learning Objective Analysis**



- On each of the four curriculum Learning Objectives, learners achieved substantial and significant improvements, from Pre- to Post-Test
- The strongest improvements, and highest scores at Post-Test, were measured on understanding the importance of degree of response to therapy, including U-MRD
  - This improvement was driven by a single Knowledge item, which asked how U-MRD is defined in CLL
- On each of the three other Objectives, low and moderate Post-Test scores (< 74%) represent opportunities for further education in this area

**VRealCME** 

Note: data are matched. \* indicates significance, *p* < 0.05.



Pre-Test Post-Test

### PCA

## **Learning Domain Analysis**

(N = 36 - 56)



- Substantial and significant improvements were measured from Pre- to Post-Test in both Knowledge and Competence
- Post-Test scores in both Knowledge and Competence varied from low to moderate, but uniformly represented strong increases from low Pre-Test scores
- Confidence and practice strategy ratings, collected only at follow-up, were moderate. Learners indicated increased confidence in understanding how to select targeted therapy for individual patients with CLL and understanding how to anticipate and manage complications of targeted therapy for CLL. Learners also reported increasing risk stratification using prognostic and predictive factors for managing treatment of patients diagnosed with CLL

\*significant at the p ≤ 0.05 level, matched data





## **4-Week Retention Analysis: Learning Objectives**

Pre-Test Post-Test

PCA

(N = 41 - 56)



- In addition to collecting follow-up Confidence and Practice data for the curriculum, the Post Curriculum Assessment (PCA) repeated questions from the Knowledge and Competence domains
- Significant improvements in score between Pre-Test and PCA observations were measured for all curriculum Learning Objectives
- On all but one Learning Objective, some score slippage was seen between the Post-Test and PCA
  - On utilizing new and emerging therapies and chemo-immunotherapy for CLL patients, learners demonstrated ongoing improvements from Post-Test to PCA
- Low scores (32% to 63%) across curriculum Learning Objectives on the PCA reflect a need for further reinforcement in this area



\*significant at the  $p \leq 0.05$  level



## **4-Week Retention Analysis: Learning Domains**

Pre-Test Post-Test

PCA

(N = 46 - 56)



At follow-up:

- A statistically significant net gain was measured from Pre-Test to the Post Curriculum Assessment (PCA) in both Knowledge (25%) and Competence (21%)
- In both Knowledge and Competence, some score slippage from Post-Test to PCA was observed, reflecting an opportunity for further reinforcement of curriculum content



(4-week Post Assessment)

Please select the specific areas of *skills, or practice behaviors*, you have improved regarding the treatment of patients with CLL since this CME activity. (Select all that apply.) N=56





#### (4-week Post Assessment)

What specific *barriers* have you encountered that may have prevented you from successfully implementing strategies for patients with CLL since this CME activity? (Select all that apply.) N=56





## **Identified Learning Gap, 1 of 3:** *Managing risk of tumor lysis syndrome in treatment resistant CLL patients*

On a Competence question presenting the case of a patient who becomes symptomatic after two years of ibrutinib treatment, learners struggled at Post-Test to identify the correct treatment action to reduce risk for tumor lysis syndrome.

Competence: A 65 y/o woman with del17p CLL becomes symptomatic after 2 years of treatment with ibrutinib. ECOG performance status is 1. Her clinician recommends venotoclax for second-line therapy. Which of the following may help reduce risk for tumor lysis syndrome in this patient?

### **Results:**

• At Post-Test, only 46% of learners correctly answered: "Gradually increase dose of venotoclax and add allopurinol"





## **Identified Learning Gap, 2 of 3:** *Factors associated with poor outcomes in CLL patients*

On a Knowledge item asking learners to identify a prognostic factor associated with poor outcomes in patients with CLL, low scores were measured at Post-Test.

Knowledge: Which of the following is a prognostic factor associated with poorer outcome in CLL?

### **Results:**

• At Post-Test, 70% of learners correctly answered: "Del17p/TP53 mutations"





## **Identified Learning Gap, 3 of 3:** *First-line therapy for CLL*

On a Knowledge item asking learners struggled at Post-Test to identify the correct first-line therapy for CLL.

Knowledge: Which of the following agents/combinations is indicated for first-line therapy of CLL?

### **Results:**

• At Post-Test, only 53% of learners correctly answered: "Ibrutinib + obinutuzumab"





## **Overall Educational Impact**

- Significant increases in score were measured in both Knowledge and Competence, from Pre- to Post-Test
  - The strongest improvements in score (+184%) were on a Knowledge item about the definition of undetectable minimal residual disease (U-MRD) in CLL
  - Strong improvements (59% and 62%) were measured on both Competence items, though Pre- and Post-Test scores were low to moderate
  - Significant increases on all curriculum Learning Objectives were measured from Pre-Test to Post-Test
    - The highest Post-Test scores were measured on understanding the importance of degree of response to therapy, including undetectable Minimal Residual Disease (U-MRD)
  - Final scores on Confidence and practice strategy questions were moderate (3.38 and 3.18)

The analysis of scored items in the curriculum identified three persistent learning gaps related to the managing risk of tumor lysis syndrome in treatment resistant CLL patients, factors associated with poor outcomes in CLL patients, and first-line therapy for CLL

- Learners struggled on a Competence question asking them to select the correct treatment action for a patient who becomes symptomatic after two years of ibrutinib treatment
- On a Knowledge item about prognostic factors associated with poor outcomes in CLL patients, low scores were
  measured at Post-Test
- Learners also had low Post-Test scores on a Knowledge item on first-line therapy for CLL









## **Knowledge Items**



N = 33 - 40



Which of the following is a prognostic factor associated with poorer outcome in CLL?

Which of the following agents/combinations is indicated for first-line therapy of CLL?



N = 38 - 43

**VRealCME** 

Note: data are matched. Correct answer is designated by a  $\checkmark$ .



## **Knowledge Items**

Pre-Test Post-Test

N = 41 - 46



How is undetectable minimal residual disease (U-MRD) defined in CLL?

**VRealCME** 

Note: data are matched. Correct answer is designated by a  $\checkmark$ .



### **VRealCME**

Correct answer is designated by a  $\checkmark$ .

Note: data are matched.

## A 65 y/o woman with del17p CLL becomes symptomatic after 2 years of treatment with ibrutinib. ECOG performance status is 1. Her clinician recommends

12.24%

12.00%

10.20%

8.00%

6.12%

+62.34%

36.00%

44.00%

71.43%

N = 45 - 50venotoclax for second-line therapy. Which of the following may help reduce risk for tumor lysis syndrome in this patient?





67-y/o man, diagnosed with CLL, reports fatigue and exertional dyspnea. Rai Stage IV. Labs: WBC 140k/µL, 94% lymphocytes, Hgb 10.4g/dL, Plts 90k/µL, FISH del17p, TP53 mutated (NGS), IGHV unmutated. ECOG performance status 1. He is treatment naïve with no other medical history. What treatment might be appropriate for this patient?

√ Ibrutinib

Idelalisib

Venotoclax

FCR (Flud arabine, Cyclophosphamide, Rituximab)







## **Confidence Items (given at 4 week follow-up)**



Please rate your level of agreement with the following statement: "I am much more confident in understanding how to select targeted therapy for individual N = 56 patients with CLL."

Please rate your level of agreement with the following statement: "I am much more confident in understanding how to anticipate and manage complications N = 56 of targeted therapy for CLL."





## Practice Strategy Item (given at 4 week follow-up)

Please rate your level of agreement with the following statement: "I have increased risk stratification using prognostic and predictive factors for managing N = 116 treatment of patients diagnosed with CLL."



Abert Emilier and Montefiore NACE

